

deKlikbox.be-cup : Session: 93: COACH evaluation sheet for TEAM: KAZS

Coachinfo: Warming up from: 13:15 untill 14:10. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Den Bergh Nona

Coaches: Salaets Thomas HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 301: 400M FREESTYLE MIXED 10-9							Heat:2, starttime: 14:23	
Heat: 2/3 Lane : 5 Athlete: WINNEPENNINCKX MILA							Q-time: 07:43:81	
PB (25m pool): 07:43.81 Tremelo 24/05/2026							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:51.13		no time		03:53.60
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:43.81
								

Coach feedback:

Event number: 303: 400M FREESTYLE MEN 11+							Heat:3, starttime: 15:08	
Heat: 3/7 Lane : 1 Athlete: WINNEPENNINCKX FELIX							Q-time: 06:23:10	
PB (25m pool): 06:23.10 Zwembad De Motte 20/06/2026							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:31.48		no time		03:13.25
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:23.10
								

Coach feedback:

Event number: 303: 400M FREESTYLE MEN 11+							Heat:6, starttime: 15:29	
Heat: 6/7 Lane : 1 Athlete: VERHEYEN MATS							Q-time: 05:16:93	
PB (25m pool): 05:16.93 Aarschot 29/03/2026							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.80		01:13.67		no time		02:36.03
	00:33.80			00:39.87				
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:16.93
								

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Event number: 303: 400M FREESTYLE MEN 11+							Heat:7, starttime: 15:35	
Heat: 7/7 Lane : 5 Athlete: VERHEYEN STEPHEN							Q-time: 04:55:23	
PB (25m pool): 04:55.23 Zaventem 15/07/2025				PB (50m pool): 05:11.75SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:11.99		no time		02:27.91
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:55.23
								

Coach feedback:

Event number: 303: 400M FREESTYLE MEN 11+							Heat:7, starttime: 15:35	
Heat: 7/7 Lane : 6 Athlete: DEVUE NICOLAS							Q-time: 05:05:18	
PB (25m pool): 05:05.18 Sportoase De Watermolen 21/07/2026 PB (50m pool): 05:17.61SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.65		01:10.56		01:49.49		02:28.62
	00:32.65		00:37.91		00:38.93		00:39.13	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:08.75		03:48.79		04:28.25		05:05.18
	00:40.13		00:40.04		00:39.46		00:36.93	
								

Coach feedback:

Event number: 306: 50M BREASTSTROKE MIXED 10-9							Heat:2, starttime: 15:45	
Heat: 2/2 Lane : 3 Athlete: SALAETS ELOÏSE							Q-time: 00:52:64	
PB (25m pool): 00:52.64 LEUVEN 23/11/2025				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			00:52.64					
			00:52.64					
								

Coach feedback:

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Event number: 307: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:51
Heat: 3/5 Lane : 5 Athlete: WILLEN LUNA					Q-time: 01:25:93
PB (25m pool): 01:25.93 Aarschot 27/07/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.93	
	no time				
					

Coach feedback:

Event number: 309: 200M BACKSTROKE MIXED 10-9							Heat:2, starttime: 16:15	
Heat: 2/2 Lane : 5 Athlete: SALAETS ELOÏSE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 310: 50M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 16:30
Heat: 1/4 Lane : 2 Athlete: VERHEYEN CHARLOTTE					Q-time: 01:00:26
PB (25m pool): 01:00.26 Aarschot 26/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		01:00.26			
	01:00.26				
					

Coach feedback:

Event number: 310: 50M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 16:31
Heat: 2/4 Lane : 1 Athlete: PUT JULIE					Q-time: 00:51:24
PB (25m pool): 00:51.24 Herentals 09/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		00:51.24			
	00:51.24				
					

Coach feedback:

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Event number: 310: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 16:31
Heat: 2/4 Lane : 2 Athlete: WILLEM NORE			Q-time: 00:49:57
PB (25m pool): 00:49.57 Herentals 09/05/2026			PB (50m pool): 00:51.37 SB: no time
	2 5 M	5 0 M	
PB		00:49.57	
		00:49.57	
			

Coach feedback:

Event number: 310: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 16:31
Heat: 2/4 Lane : 5 Athlete: WILLEN LENTHE			Q-time: 00:50:56
PB (25m pool): 00:50.56 LEUVEN 23/11/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:50.56	
		00:50.56	
			

Coach feedback:

Event number: 310: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 16:31
Heat: 2/4 Lane : 6 Athlete: DEGREEF EMELIE			Q-time: 00:52:41
PB (25m pool): 00:52.41 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:52.41	
		00:52.41	
			

Coach feedback:

Event number: 311: 50M BREASTSTROKE MEN 11+			Heat:1, starttime: 16:36
Heat: 1/2 Lane : 6 Athlete: WINNEPENNINCKX FELIX			Q-time: 00:54:47
PB (25m pool): 00:54.47 Herentals 09/05/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:54.47	
		00:54.47	
			

Coach feedback:

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Event number: 316: 100M MEDLEY MEN 11+					Heat:4, starttime: 17:02
Heat: 4/5 Lane : 4 Athlete: VERHEYEN MATS					Q-time: 01:18:03
PB (25m pool): 01:18.03 Aarschot 29/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:18.03	
	no time				
					

Coach feedback:

Event number: 316: 100M MEDLEY MEN 11+					Heat:4, starttime: 17:02
Heat: 4/5 Lane : 5 Athlete: VERHEYEN STEPHEN					Q-time: 01:19:63
PB (25m pool): 01:19.63 Aarschot 04/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.63	
	no time				
					

Coach feedback:

Event number: 316: 100M MEDLEY MEN 11+					Heat:5, starttime: 17:04
Heat: 5/5 Lane : 6 Athlete: DEVUE NICOLAS					Q-time: 01:16:56
PB (25m pool): 01:16.56 Aarschot 27/07/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.56	
	no time				
					

Coach feedback:

Event number: 317: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 17:06	
Heat: 1/8 Lane : 3 Athlete: VERHEYEN CHARLOTTE							Q-time: 06:55:07	
PB (25m pool): 06:55.07 Zwembad De Motte 20/06/2026							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:39.76		no time		03:28.98
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:55.07
								

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Event number: 317: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 17:06	
Heat: 1/8 Lane : 4 Athlete: DEGREEF EMELIE							Q-time: 07:38:99	
PB (25m pool): 07:38.99 Aarschot 29/03/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:43.09		no time		03:43.88
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:38.99
								

Coach feedback:

Event number: 317: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:15	
Heat: 2/8 Lane : 6 Athlete: PUT JULIE							Q-time: 06:51:95	
PB (25m pool): 06:51.95 Aarschot 29/03/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:46.98		01:38.07		no time		03:24.55
	00:46.98		00:51.09					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:51.95
								

Coach feedback:

Event number: 317: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 17:22	
Heat: 3/8 Lane : 3 Athlete: WILLEN LENTHE							Q-time: 06:00:06	
PB (25m pool): 06:00.06 Zwembad De Motte 20/06/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:27.82		no time		03:01.16
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:00.06
								

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Event number: 317: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 17:28	
Heat: 4/8 Lane : 2 Athlete: WILLEM NORE							Q-time: 05:55:36	
PB (25m pool): 05:55.36 Zwembad De Motte 20/06/2026 PB (50m pool): no time SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:23.06		no time		02:55.21
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:55.36
								

Coach feedback:

Event number: 317: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 17:35	
Heat: 5/8 Lane : 4 Athlete: WILLEN LUNA							Q-time: 05:40:62	
PB (25m pool): 05:40.62 Sportoase De Watermolen 21/07/2026 PB (50m pool): 06:02.20SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.62		01:22.74		02:06.68		02:50.99
	00:39.62		00:43.12		00:43.94		00:44.31	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:34.86		04:18.63		05:00.89		05:40.62
	00:43.87		00:43.77		00:42.26		00:39.73	
								

Coach feedback: